			W	/EEK 2			
			В	reakfast			
	Monday	Tuesday	Wednesday	Chinese Day	Friday	Saturday	Sunday
Toast Bar	Wholegrain, Brown	Soda, White Sliced & G	ranary Breads with a selecti	on of Jams & preserves. Addition	nal cereals and natural yog	jurt & toppings an add	ditional option.
Daily Special	Rashers	Omlettes	Boiled eggs	Meat selection & cheese	Pancakes	Sausages	
		Ī	Mor	ning Break		I	
	Shortbread	Crackes & cheese	Hummes & cucumber	Crossaints	Mini Biscuits		
				Lunch			
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Chicken noddles	Soup of the day		
Lunch	Lasagne choice of Beef or Vegie	Mushroom	Beef Meat balls in mild tomato sauce or steamed Broccoli served with Pasta	Chilli beef or Crispy Quorn with noodles stir fry	Stuffed Tortellini or Battered Hake served with crushed potato, peas & tartare	Madras Curry choice of Vegetables or Beef served with boiled rice	Brunch
Sides	Crispy Garlic bread	parsnip & Gravy	Grated Cheese	Prawn crackers	sauce	Popadum	Mini Danish
Big Bowl Salads		Choose from	our 4 nutritious Salad optio	ns and 4 choice of nude options	with dressing selection o	n side	
Dessert	Lemon drizzle	Chocolate sponge & chocolate sauce	Berry & Apple crumble & warm custard	Banana cakes	Banofee	Waffles & whipped cream	
			After	noon break			
Afternoon break	Mini cookies	Mini biscuits	Mini Chocolate bars	Cookies	Cream crackers & cheese		
			S	Supper			
Sunnar	Baked Chicken &	Lamb & veg tagine	Traditional Spice	BBQ Ribs served with fried rice		Southern fried	Creamy pasta
Supper	Broccoli or Chickpeas & broccoli	with couscous	bag served with mild cury sauce	Vegie Spring rolls	Carbonara & crispy garlic bread	Chicken or Quorn with mashed potatoes & gravy	with Cajun Chicken
On the Side	Bolied baby potatoes	Steamed green beans					
Big Bowl Salads		Choose from	our 4 nutritious Salad optio	ns and 4 choice of nude options	with dressing selection o	n side	!
Late Evening Cereals	A S	Selection of Cereals inc	luding Weetabix, Coco Pops,	Rice Krispies, Corn Flakes, Glute	en free cereal , breads & H	lot Drinks selection	
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