WEEK 1						
Breakfast						
	Monday	**Tuesday**	**Wednesday**	**Greek Day**	**Friday**	**Saturday**
Toast Bar	Wholegrain, Brown Soda, White Sliced & Granary Breads with a selection of Jams & preserves. Additional cereals and natural yogurt & toppings an additional option.					
Daily Special	Boiled eggs	Hash brown	Omlettes	***Baked Beans***	*Pancakes*	*Delicious Irish breakfast sausages*
Morning Break						
	Rocky road	Biscuits	Crackers & Cheese	***Chocolate sticks***	*Hummes & carrots*	Biscuits
Lunch						
Soup of the day	**Soup of the day**	**Soup of the day**	**Soup of the day**	**Greek soup**	**Soup of the day**	
Lunch	**Breaded Pork chops** or **Breaded Qourn Veg** with garlic potato & batton carrots	Cumin spiced Lamb shoulder, flat bread & wedges	Caramilised red onion, feta cheese Tart	**Feta & spinach filo pastry**	Vegetables Gnocchi	Korma choice of **Lamb** or **Vegetables** with rice & chota naan
			Braised Beef steak, onion, mushroom & pepper sauce	**Lamb Moussaka**	Creamy chive Salmon with pasta & green beans	
Sides	Stemed batton carrot	Tzaki	Roasted potato & broccoli	**Roasted Medditarean Vegetables**	Forcatia bread	Peas
Big Bowl Salads	**Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side**					
Dessert	*Sticky toffee pudding*	Coconut Jam sponge & fresh	Chocolate brownie	***Baked apple tart & custard***	*Eton mess*	
Afternoon break						
Afternoon break	Rocky road	*Mini biscuits*	*Chocolate bars*	*short bread*	Cookies	
Supper						
Supper	Fusilli Pasta with bacon & fresh spinach	**Tandoori** Chicken or Vegetables	**Alfredo** Chicken or Vegetables pasta	**Vegan** or **Tomato & basil pork sausages** with creamy mashed potato & onion gravy	**Pizza Bar** with garlic mayonaise, crispy wedges	**Burger Bar** choice of **Peri peri Chicken** or **Vegie burger** with brioche bun, cheese, salad & skinny fries
On the Side	Crispy garlic bread	Rice	Grated cheese			
Big Bowl Salads	**Choose from our 4 nutritious Salad options and 4 choice of nude options with dressing selection on side**					
Late Evening Cereals	A Selection of Cereals including Weetabix, Coco Pops, Rice Krispies, Corn Flakes, Gluten free cereal , breads & Hot Drinks					

Sunday
Brunch
Traditional Stroganoff choice of **Beef** or **Vegetables**
Steamed basmati rice
selection